



**22 Things
you can
Declutter
Today**

Welcome to your 22 things to declutter today checklist

The act of decluttering and organising is a great way to shift energy in your home. You'll be surprised the changes decluttering and organising your belongings can bring about in other areas of your life.

~ Tamara Speedie

Key points to note before starting:

Use your discretion to decide if your decluttered items should be sold, donated, recycled or discarded.

If you would like some support through your decluttering journey please reach out wherever you're most comfortable:

[Instagram](#) | [Facebook](#) | [0488739396](#)
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Please note: This checklist is intended as a guide only, the owner of the item should be responsible for deciding if the item should be decluttered or not.



22 things you can declutter today

01	<i>Socks with stretched out necks.</i>	<input type="checkbox"/>
02	<i>Clothes with holes, stains or other damage you won't repair.</i>	<input type="checkbox"/>
03	<i>Stretched out or thinning underwear.</i>	<input type="checkbox"/>
04	<i>Unidentifiable power cords / chargers.</i>	<input type="checkbox"/>
05	<i>Old digital cameras and mobile phones.</i>	<input type="checkbox"/>
06	<i>Mugs you've collected but dislike.</i>	<input type="checkbox"/>
07	<i>Mismatched cutlery.</i>	<input type="checkbox"/>
08	<i>Excess plastic bags & broken reusable bags (check for lifetime warranty).</i>	<input type="checkbox"/>
09	<i>Expired Condiments, Cans & Packets.</i>	<input type="checkbox"/>
10	<i>Jewellery you dislike, won't wear or is broken (check the bottom of your jewellery box).</i>	<input type="checkbox"/>
11	<i>Stretched out hair ties / bobby pins.</i>	<input type="checkbox"/>



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12	<i>Expired make up - be sure to check the P.A.O. number on the back too.</i>	<input type="checkbox"/>
13	<i>Linen you dislike, don't use or is discoloured.</i>	<input type="checkbox"/>
14	<i>Plastic hooks with no sticky patch.</i>	<input type="checkbox"/>
15	<i>Worn out pieces of sandpaper.</i>	<input type="checkbox"/>
16	<i>Old paint tins in the Garage / Shed.</i>	<input type="checkbox"/>
17	<i>Expired Coupons, Vouchers & Flyers.</i>	<input type="checkbox"/>
18	<i>Excess plastic bags & broken reusable bags (check for lifetime warranty).</i>	<input type="checkbox"/>
19	<i>Receipts with no claimables, warranties or returns.</i>	<input type="checkbox"/>
20	<i>Greeting cards if you can't remember who the sender is anymore.</i>	<input type="checkbox"/>
21	<i>Toys & Shoes your kids have outgrown.</i>	<input type="checkbox"/>
22	<i>Phone screenshots you don't need anymore.</i>	<input type="checkbox"/>